


<b>Location:</b>	Leicester Outdoor Pursuits Centre	<b>Date of Assessment:</b>	1/4/10	<b>Last Reviewed:</b>	Dec 23	<b>Name of Assessor:</b>	Chris Murnin
<b>Activity:</b>	Fencing	<b>Assessment Reference No:</b>	4.4		SV	<b>Signature of Assessor:</b>	
<b>HAZARD</b>	<b>CONTROL MEASURES</b>						
Foil	<ul style="list-style-type: none"> <li>▪ Check all equipment before the session.</li> <li>▪ All the people in the room to wear correctly fitted protective masks when foils in use, unless in the marked out safety area.</li> <li>▪ All people told to only remove masks when instructed to do so.</li> <li>▪ All the people in the room to wear protective clothing when participating in the activity.</li> <li>▪ Instructor and participants to wear trousers when metal foils are in use.</li> <li>▪ Foils to be placed on the ground before masks are removed.</li> <li>▪ Participants are to be showed how to safely hold and manage a foil. A minimum of two fingers (centre ones) must be inserted into the martingale at all times.</li> <li>▪ Plastic foils must be used if any participants are under 8 years old.</li> <li>▪ Chest protectors to be worn by all females, and children age 12 and under.</li> <li>▪ Non-participants to remain in designated safety area at all times.</li> </ul>						
Heat exhaustion	<ul style="list-style-type: none"> <li>▪ Frequent breaks to be taken during the session.</li> <li>▪ Cold drinks to be made available during session.</li> <li>▪ Ventilate room by opening doors when necessary (Ensuring unauthorised access is restricted).</li> <li>▪ Run the session outside if possible.</li> </ul>						
Failure of equipment	<ul style="list-style-type: none"> <li>▪ All kit to undergo yearly safety checks</li> <li>▪ Maintain and replace equipment when necessary.</li> <li>▪ Examine equipment before each use.</li> <li>▪ Use equipment only in accordance with manufacturers' guidelines.</li> <li>▪ All foils to have rubber tips and these to be checked regularly.</li> <li>▪ Participants to be informed to stop activity if rubber tips become detached.</li> </ul>						
People walking into the activity area	<p>If inside:</p> <ul style="list-style-type: none"> <li>▪ Ensure sign on the door saying 'Do Not Enter whilst session in progress'.</li> <li>▪ Brief clients at the start of session not to go in or out of room during session without Instructor's consent.</li> </ul>						



	<ul style="list-style-type: none"> <li>▪ Lock A Frame door and ensure fire exit is closed when session is on. If outside:</li> <li>▪ Set out activity area with ropes or cones</li> <li>▪ Signs warning about the activity in place.</li> </ul>
Pulled muscles	<ul style="list-style-type: none"> <li>▪ Adequate warm up to be completed prior to activity starting.</li> </ul>
Further risks	<ul style="list-style-type: none"> <li>▪ All risks should be minimised by continual appraisal of participant's condition, the environment and equipment through dynamic risk assessment by the staff members involved.</li> <li>▪ Some risks remain due to the nature of the activity but every care must be taken to minimise these</li> </ul>

