

<b>Location:</b>	Leicester Outdoor Pursuits Centre	<b>Date of Assessment:</b>	1/4/10	<b>Last Reviewed:</b>	Name of Assessor: Chris Murnin
<b>Activity:</b>	Indoor Climbing (A Frame)	<b>Assessment Reference No:</b>	4.5	Dec 23 DR	

This assessment is to be read in conjunction with "Abseiling, Climbing and High Ropes"

<b>HAZARD</b>	<b>CONTROL MEASURES</b>
Falling from height	<ul style="list-style-type: none"> <li>▪ Ground anchor bar and roof anchor inspected quarterly</li> <li>▪ Participants and spectators instructed not to climb on or lean over the rails of the stairs.</li> </ul>
Being hit by an object or person falling	<ul style="list-style-type: none"> <li>▪ All participants wear correctly fitted helmets when climbing or when at the base of the wall.</li> <li>▪ Access to ground level doors only to be allowed when climber is on the ground.</li> </ul>
Banging head	<ul style="list-style-type: none"> <li>▪ All people to wear correctly fitted helmets when climbing or when at the base of the wall.</li> <li>▪ Participants only climb set climbing holds and not other parts of the building.</li> </ul>
Bannister	<ul style="list-style-type: none"> <li>▪ Warn participants to stay close to the wall when being lowered.</li> <li>▪ Participants and spectators instructed not to climb on or lean over the rails of the stairs.</li> </ul>
Swinging	<ul style="list-style-type: none"> <li>▪ Instructor to brief participants of the risk of swinging and colliding with something.</li> <li>▪ Warn climbers if they are going off route</li> <li>▪ Advise where necessary to reduce risk.</li> </ul>
Trapped hair / clothing / fingers / jewellery	<ul style="list-style-type: none"> <li>▪ Ensure long hair is tied back, jewellery removed and loose clothing is tucked in.</li> <li>▪ Only climbing holds to be used as handholds.</li> <li>▪ Holds must be regularly checked and maintained.</li> <li>▪ Participants lowered facing the wall to avoid snagging helmet on a hold</li> </ul>
Further risks	<ul style="list-style-type: none"> <li>▪ All risks should be minimised by continual appraisal of participant's condition, the environment and equipment through dynamic risk assessment by the staff members involved.</li> <li>▪ Some risks remain due to the nature of the activity but every care must be taken to minimise these</li> </ul>

