


<b>Location:</b>	Leicester Outdoor Pursuits Centre	<b>Date of Assessment:</b>	1/4/10	<b>Last Reviewed:</b>	Dec 24	<b>Name of Assessor:</b>	Chris Murnin
<b>Activity:</b>	Fencing	<b>Assessment Reference No:</b>	4.4		CM	<b>Signature of Assessor:</b>	
<b>HAZARD</b>	<b>CONTROL MEASURES</b>						
Foil	<ul style="list-style-type: none"> <li>■ Check all equipment before the session.</li> <li>■ All the people in the room wear correctly fitted protective masks when foils in use, unless in the marked out safety area.</li> <li>■ All people are told to only remove masks when instructed to do so.</li> <li>■ All the people in the room wear protective clothing when participating in the activity.</li> <li>■ Instructor and participants to wear trousers when metal foils are in use.</li> <li>■ Foils to be placed on the ground before masks are removed.</li> <li>■ Participants are to be shown how to safely hold and manage a foil. A minimum of two fingers (centre ones) must be inserted into the martingale at all times.</li> <li>■ Plastic foils must be used if any participants are under 8 years old.</li> <li>■ Chest protectors to be worn by all females, and children age 12 and under.</li> <li>■ Non-participants to remain in designated safety area at all times.</li> </ul>						
Heat exhaustion	<ul style="list-style-type: none"> <li>■ Frequent breaks to be taken during the session.</li> <li>■ Cold drinks to be made available during the session.</li> <li>■ Ventilate the room by opening doors when necessary (Ensuring unauthorised access is restricted).</li> <li>■ Run the session outside if possible.</li> </ul>						
Failure of equipment	<ul style="list-style-type: none"> <li>■ All kit to undergo yearly safety checks</li> <li>■ Maintain and replace equipment when necessary.</li> <li>■ Examine equipment before each use.</li> <li>■ Use equipment only in accordance with manufacturers' guidelines.</li> <li>■ All foils have rubber tips and these to be checked regularly.</li> <li>■ Participants are informed to stop activity if rubber tips become detached.</li> </ul>						
People walking into the activity area	<p>If in A Frame:</p> <ul style="list-style-type: none"> <li>■ Ensure a sign on the door saying 'Do Not Enter whilst session in progress'.</li> <li>■ Brief clients at the start of session not to go in or out of the room during session without the Instructor's consent.</li> <li>■ Lock A Frame door and ensure the fire exit is closed when session is on.</li> </ul> <p>If in Tonks Hut:</p> <ul style="list-style-type: none"> <li>■ Make sure signs warning about the activity are in place on the internal door.</li> <li>■ Place a row of chairs in front of the doorway to make entering the room</li> </ul>						
Muscle strains	<ul style="list-style-type: none"> <li>■ Adequate warm up to be completed prior to activity starting.</li> <li>■ Participants offered options for rest breaks when needed</li> </ul>						



Further risks	<ul style="list-style-type: none"><li>■ All risks should be minimised by continual appraisal of participant's condition, the environment and equipment through dynamic risk assessment by the staff members involved.</li><li>■ Some risks remain due to the nature of the activity but every care must be taken to minimise these</li></ul>
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