


<b>Location:</b>	Offsite Venues	<b>Date of Assessment:</b>	1/4/10	<b>Last Reviewed:</b>	Nov 24 CM	<b>Name of Assessor:</b>	Chris Murnin
<b>Activity:</b>	Indoor Climbing	<b>Assessment Reference No:</b>	4.5			<b>Signature of Assessor:</b>	

This assessment is to be read in conjunction with "Abseiling, Climbing and High Ropes"

<b>HAZARD</b>	<b>CONTROL MEASURES</b>
Falling from height	<ul style="list-style-type: none"> <li>■ Participants to be supervised by a minimum of a CWI during activity</li> <li>■ Any PPE is checked and approved by LOPC Staff</li> <li>■ Only recognised belay systems to be used</li> <li>■ If belayers are underweight, ground anchors/ sand bags should be used</li> </ul>
Being hit by an object or person falling	<ul style="list-style-type: none"> <li>■ Participants should be vigilant whilst belaying or setting up, and not stray under other wall users or their routes</li> <li>■ Follow wall procedures for spectating and waiting areas.</li> <li>■ Helmets to be used at the discretion of the supervising instructor, unless required by the specific climbing wall</li> </ul>
Banging head	<ul style="list-style-type: none"> <li>■ All participants to follow wall rules regarding helmets</li> <li>■ Helmets are not permitted on auto belay routes</li> <li>■ Participants only climb set climbing holds and not other parts of the building.</li> </ul>
Members of the public	<ul style="list-style-type: none"> <li>■ Participants to be supervised during their visit to the climbing wall</li> <li>■ Any members of the public causing concern should be spoken to by LOPC staff and if necessary reported to the Climbing Wall management</li> <li>■ Participants should be vigilant whilst climbing and not stray under other wall users or their routes</li> </ul>
Swinging	<ul style="list-style-type: none"> <li>■ Instructor to brief participants of the risk of swinging and colliding with something.</li> <li>■ Warn climbers if they are going off route</li> <li>■ Advise where necessary to reduce risk.</li> </ul>
Trapped hair / clothing / fingers / jewellery	<ul style="list-style-type: none"> <li>■ Ensure long hair is tied back, jewellery removed and loose clothing is tucked in.</li> <li>■ Only climbing holds to be used as handholds.</li> <li>■ Holds must be regularly checked and maintained.</li> <li>■ Participants lowered facing the wall to avoid snagging helmet on a hold</li> </ul>
Further risks	<ul style="list-style-type: none"> <li>■ All risks should be minimised by continual appraisal of participant's condition, the environment and equipment through dynamic risk assessment by the staff members involved.</li> <li>■ Some risks remain due to the nature of the activity but every care must be taken to minimise these</li> </ul>