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Introduction to Leadership

Objectives

- Empower colleagues to step up and practice their leadership skills
- Gain a basic understanding of what it is to be a good leader
- Reflect on your own leadership skills and consider your strengths and weaknesses as a leader

9:00am	Arrivals, tea, coffee breakfast buffet
9:30am	Setting the scene – goals and objectives for the day
9:45am	Ice Breakers – with links to leadership
10:15am	Classroom - qualities of a good leader and leadership styles
11:15am	Problem Solving – alternating leaders
12:45pm	Debrief
1:00pm	Lunch
1:30pm	Classroom - John Adair Action Centred Leadership
1:45pm	Raft and Bridge Building Challenge
4:30pm	Review of activities
5:00pm	Finish

Key Points

*Morning activities will be based around earning resources for the afternoon activities.

*Raft and Bridge Building to be split into segments whereby a leader will hand over to another leader at each step.

1. *Groups will be given a budget; resources will be auctioned off with a chance to purchase additional resources with remaining budget.*
2. *Groups will be given the task to build a raft with the resources they have.*
3. *Once the raft is built a series of tasks will be given.*
4. *Rafts are stripped down and the groups are given the task to build bridges to retrieve an object.*
5. *Groups come together and are co-lead to build a giant raft for the whole group.*

*Activities to be adapted depending on group sizes, ideal group is 8

*Individuals will gain feedback on their leadership qualities and what they can do to improve their ability to lead.

