


<b>Location:</b>	Off site	<b>Date of Assessment:</b>	26/4/2013	<b>Last Reviewed:</b>	Name of Assessor: Chris Murnin Signature of Assessor: 
<b>Activity:</b>	Crag Rock Climbing	<b>Assessment Reference Number:</b>	4.55	December 19	

ITEM/HAZARD	CONTROL MEASURES
Falling from height	<ul style="list-style-type: none"> <li>● Bouldering height limit to be set with group prior to activity. Feet no higher than 1m maximum unless using bouldering mats.</li> <li>● Climbers must be spotted and bouldering mats used whilst bouldering</li> <li>● Appropriate PPE to be used, this is checked prior and during use.</li> <li>● All belaying to be done, or supervised by an Instructor.</li> <li>● Group members to be attached to a safety line if operating near the crag edge, such as prior to an abseil or during set up, and under the direct supervision from an Instructor</li> <li>● All setups to be done according to recognised best practice.</li> <li>● Instructor to maintain group control at all times</li> </ul>
Falling rocks	<ul style="list-style-type: none"> <li>● All participants to wear properly fitted climbing helmets whilst in the prescribed "Equipment on" area.</li> <li>● During set up the Instructor should clear away any loose debris from the crag edge.</li> <li>● Group to be kept away from crag face whilst not involved in the activity</li> <li>● Any loose rocks on crag to be identified to the group</li> <li>● All members to be briefed of the hazards of loose and falling rocks</li> </ul>
Anchors	<ul style="list-style-type: none"> <li>● All peg/ stake anchors to be inspected for suitability prior to use.</li> <li>● Multiple anchors to be used, a minimum of 2 independent equalised anchors per climb</li> <li>● Anchors to be selected and used as per Mountain Training guidelines.</li> </ul>
Equipment	<ul style="list-style-type: none"> <li>● Only equipment assessed and approved by the Instructor to be used off site, Instructors may use their own personal PPE</li> <li>● All equipment to be used as shown in training and according to manufacturer's guidelines</li> <li>● Equipment is to be checked prior and during use</li> <li>● 'Equipment on' zones to be identified to group</li> <li>● Rope protectors to be used on edges</li> </ul>
Exposure	<ul style="list-style-type: none"> <li>● The group must be dressed according to the expected weather.</li> <li>● The instructor should provide spare clothes when necessary</li> </ul>
Environment	<ul style="list-style-type: none"> <li>● Group must be suitably dressed for the environment.</li> <li>● Long trousers and sleeves should be worn when the group are moving through undergrowth and vegetation.</li> </ul>
Ticks	<ul style="list-style-type: none"> <li>● Avoid walking through bracken where possible.</li> <li>● Warn group about presence of ticks, methods of prevention and encourage to check themselves after the session</li> <li>● Inform group that if they have irritation in warm body areas (armpit or crotch) then check for ticks.</li> </ul>
Members of the public	<ul style="list-style-type: none"> <li>● Where possible avoid using popular routes.</li> <li>● Be prepared to move to a different route if need be.</li> <li>● The Instructor must maintain group control at all times.</li> <li>● If the group are exposed to any danger, they must be moved to a safe area.</li> <li>● Take extra caution on busier crags.</li> </ul>

	<ul style="list-style-type: none"> <li>Be courteous at all times.</li> </ul>
	<ul style="list-style-type: none"> <li>Markfield Quarry- Leicestershire</li> </ul>
Falling from height	<ul style="list-style-type: none"> <li>When using the right hand scramble on the Markfield slab as access, the group must be observed going up and down this by the Instructor.</li> <li>If group are deemed unable to use right hand scramble, stairs must be used to access the top of the slab</li> </ul>
Birchen Edge – Peak District	
Car Park	<ul style="list-style-type: none"> <li>Park at the top edge of the car park</li> <li>Use the steps and footpath through the car park</li> </ul>
Main road	<ul style="list-style-type: none"> <li>Instructor to check road is clear before starting to lead group</li> <li>Group to walk in single file on the road</li> <li>Brief group about the gate at the top of the road before heading off, to avoid a bottle neck</li> </ul>
Flora and Fauna	<ul style="list-style-type: none"> <li>Beware of midges in shaded areas and at dusk.</li> <li>Long trousers and sleeves should be worn when the group are moving through undergrowth and vegetation.</li> </ul>
Sand + Grit	<ul style="list-style-type: none"> <li>Ensure the first aid kit has eyewash</li> <li>Don't leave kit on the ground, find a group storage area on a boulder, or use a tarp.</li> </ul>
Froggatt Edge – Peak District	
Car Parking for minibus	<ul style="list-style-type: none"> <li>Turn around at the Chequers pub. Drive back down the A625 and park on the Left hand side of the sharp bend ensuring you are not facing on-coming traffic, and clients can disembark safely.</li> </ul>
Overgrown paths	<ul style="list-style-type: none"> <li>Wear long sleeves and trousers where practical whilst moving through overgrown paths</li> </ul>
Stanage Plantation – Peak District	
Boulders	<ul style="list-style-type: none"> <li>Take care on boulders on walk in path</li> <li>Instructor should walk in front leading/ spotting groups over particularly difficult sections</li> <li>Walk around boulders if necessary.</li> </ul>
Stanage High Neb – Peak District	
Road crossing	<ul style="list-style-type: none"> <li>Ensure your vehicle is parked in the direction of traffic, allowing passengers to alight onto the grass verge and continue up the path without having to cross the road.</li> </ul>
Lawrencefield – Peak District	
Road crossing- Fast traffic and blind corners	<ul style="list-style-type: none"> <li>Brief group in car park about road crossing system</li> <li>Instructor to coordinate road crossing</li> <li>Cross in small groups</li> <li>Group to gather on the far side of the gate</li> </ul>
The Roaches – Peak District	
Falling from Height	<ul style="list-style-type: none"> <li>When using the Bottom Tier group area instructors must make people aware of the uneven ground around them.</li> <li>Group must be briefed about mud on the steps whilst accessing the crag from the car park.</li> </ul>
Car park	<ul style="list-style-type: none"> <li>Mini buses must park in the minibus parking spot and they should have the side access door facing the crag.</li> </ul>
Flora and Fauna	<ul style="list-style-type: none"> <li>Beware of midges in shaded areas and at dusk.</li> <li>Long trousers and sleeves should be worn when the group are moving through undergrowth and vegetation.</li> </ul>
Animals	<ul style="list-style-type: none"> <li>There are sheep in and around the crag and the group are to be informed that they are not to approach or disturb them.</li> </ul>
Bouldering	<ul style="list-style-type: none"> <li>The group are only to boulder when supervised by a member of staff.</li> </ul>

	<ul style="list-style-type: none"> <li>• The group must use bouldering matts and correctly 'spot' each other at all times.</li> <li>• Helmets must be worn when participating in bouldering.</li> </ul>
Grit and sand	<ul style="list-style-type: none"> <li>• Ensure the first aid kit has eye wash.</li> <li>• Explain to the group that the rock may graze their hands and knees because of the rock type.</li> </ul>
Further risks	<ul style="list-style-type: none"> <li>• All risks should be minimised by continual appraisal of participants' condition, the environment and equipment through dynamic risk assessment by the staff members involved.</li> <li>• Some risks still remain but every care must be taken to minimise these.</li> </ul>