


Location:	Leicester Outdoor Pursuits Centre	Date of Assessment:	1/4/10	Last Reviewed:		Name of Assessor:	Ed Sibson
Activity:	Fencing	Assessment Reference No:	4.4		December 19	Signature of Assessor:	

HAZARD	CONTROL MEASURES
Foil	<ul style="list-style-type: none"> ▪ Check all equipment before the session. ▪ All the people in the room to wear correctly fitted protective masks when foils in use, unless in the marked out safety area. ▪ All people told to only remove masks when instructed to do so. ▪ All the people in the room to wear protective clothing when participating in the activity. ▪ Instructor and participants to wear trousers when metal foils are in use. ▪ Foils to be placed on the ground before masks are removed. ▪ Plastic foils must be used if any participants are under 8 years old. ▪ Chest protectors must be fitted for females. ▪ Instructors must hold/ Have held FALA or equivalent to lead sessions. ▪ Non-participants to remain in designated safety area at all times.
Heat exhaustion	<ul style="list-style-type: none"> ▪ Frequent breaks to be taken during the session. ▪ Cold drinks to be made available during session. ▪ Ventilate room by opening doors when necessary (Ensuring unauthorised access is restricted). ▪ Run the session outside if possible.
Failure of equipment	<ul style="list-style-type: none"> ▪ All kit to undergo yearly safety checks ▪ Maintain and replace equipment when necessary. ▪ Examine equipment before each use. ▪ Use equipment only in accordance with manufacturers' guidelines. ▪ All foils to have rubber tips and these to be checked regularly. ▪ Participants to be informed to stop activity if rubber tips become detached.
People walking into the activity area	<p>If inside:</p> <ul style="list-style-type: none"> ▪ Ensure sign on the door saying 'Do Not Enter whilst session in progress'. ▪ Brief clients at the start of session not to go in or out of room during session without Instructor's consent. ▪ Lock A Frame door and ensure fire exit is closed when session is on. <p>If outside:</p> <ul style="list-style-type: none"> ▪ Set out activity area with ropes or cones ▪ Signs warning about the activity in place.
Pulled muscles	<ul style="list-style-type: none"> ▪ Adequate warm up to be completed prior to activity starting. ▪ Beware of over stretching.
Further risks	<ul style="list-style-type: none"> ▪ All risks should be minimised by continual appraisal of participant's condition, the environment and equipment through dynamic risk assessment by the staff members involved. ▪ Some risks remain due to the nature of the activity but every care must be taken to minimise these