


Location:	Leicester Outdoor Pursuits Centre	Date of Assessment:	1/4/10	Last Reviewed:		Name of Assessor:	Ed Sibson
Activity:	Indoor Climbing (A Frame)	Assessment Reference No:	4.5	December 19		Signature of Assessor:	

HAZARD	CONTROL MEASURES
Falling from height	<ul style="list-style-type: none"> ▪ Belay using a recognised technique and device. ▪ Sessions to be run only by qualified persons who have passed 'in house' competency training and assessment. ▪ On descent the rope must be tailed by the Instructor unless the Instructor holds CI, RCI or higher. ▪ Close supervision of novices when belaying.
Being hit by an object or person falling	<ul style="list-style-type: none"> ▪ All people to wear correctly fitted helmets when climbing or when at the base of the wall. ▪ Make sure the climber has no loose items on them, which may fall. ▪ Access to ground level doors only to be allowed when climber is on the ground.
Failure of equipment	<ul style="list-style-type: none"> ▪ Maintain and replace equipment when necessary. ▪ All equipment to be inspected quarterly by a competent person. ▪ Examine equipment before each use. ▪ Use equipment only in accordance with approved practice. ▪ All belay systems to include the ground anchors and belayer.
Failure of anchors	<ul style="list-style-type: none"> ▪ Ground anchor must be used in accordance with training. ▪ The anchors are to be used as part of a system which must also include a person belaying. ▪ All anchors to be inspected quarterly.
Banging head	<ul style="list-style-type: none"> ▪ All people to wear correctly fitted helmets when climbing or when at the base of the wall. ▪ Warn climbers if they are too close to the sloping ceiling.
Bannister	<ul style="list-style-type: none"> ▪ Warn participants to stay close to the wall when being lowered.
Swinging	<ul style="list-style-type: none"> ▪ Instructor to brief participants of the risk of swinging and colliding with something. ▪ Warn climbers if they are going off route ▪ Advise where necessary to reduce risk.
Trapped hair / clothing / fingers / jewellery	<ul style="list-style-type: none"> ▪ Ensure long hair is tied back, jewellery removed and loose clothing is tucked in. ▪ Only climbing holds to be used as handholds. ▪ Holds must be regularly checked and maintained. ▪ Participants lowered facing the wall to avoid snagging helmet on a hold
Further risks	<ul style="list-style-type: none"> ▪ All risks should be minimised by continual appraisal of participant's condition, the environment and equipment through dynamic risk assessment by the staff members involved. ▪ Some risks remain due to the nature of the activity but every care must be taken to minimise these

