

Location:	Leicester Outdoor Pursuits Centre	Date of Assessment:	18/05/12	Last Reviewed: December 2019	Name of Assessor:	David Robinson
Activity:	Stand Up Paddleboarding	Assessment Reference No:	4.46		Signature of Assessor:	

HAZARD	CONTROL MEASURES
Equipment failure	<ul style="list-style-type: none"> Activity to take place on sheltered water. Instructor on hand to rescue participant and is prepared to take them to the bank. Boards should not be used without fins. Equipment checked by Instructor before use.
Falling off the boards	<ul style="list-style-type: none"> Participants must sit or kneel on the boards when in close proximity to the bank or identified hazard, such as another group canoeing. Instructors to warn participants of the dangers of paddling near each other should someone fall off and collide with another board and keep the group generally spread out to avoid this happening. If Instructor feels the group may struggle, helmets could be used to help protect heads. Instructors to choose the level of difficulty suited to the groups' competence. Starting with sitting or lying down, working their way up.
Hypothermia	<ul style="list-style-type: none"> Instructors should judge the suitability of the activity depending on how the participants are at dealing with the cold water, the prevailing weather conditions and the suitability of the participant's clothing. Instructors should not venture far from the centre unless other safety measures have been put in place should someone's temperature drop. Instructor must take extra vigilance over the group looking for signs of hypothermia. Wetsuits should be offered to the group prior to the session.
Being hit by a board	<ul style="list-style-type: none"> Warn participants about the hazards of the other people's boards when swimming. Leashes must be worn. If the conditions are unsuitable for leashes, session should not go ahead. Teach the participants to try and fall off to the side to prevent kicking the board either backwards or forwards away from them.
Sharp fins	<ul style="list-style-type: none"> Warn participants about the dangers of the fin scratching them, where they are and to stay away from them when climbing on to the board.
Being stranded	<ul style="list-style-type: none"> Instructor to be prepared to tow them back to their board or tow board back to them should they be stranded. Leashes to be worn to keep the board near the participant. Group to stay in sight of the instructor. Instructor to ensure they use an appropriate craft to manage the group and risks.
Further risks	<ul style="list-style-type: none"> All risks should be minimised by continual appraisal of participant's condition, the environment and equipment through dynamic risk assessment by the staff members involved. Some risks still remain but every care must be taken to minimise these.

To be read in conjunction with risk assessment for Canoeing, Kayaking and Bell Boating.